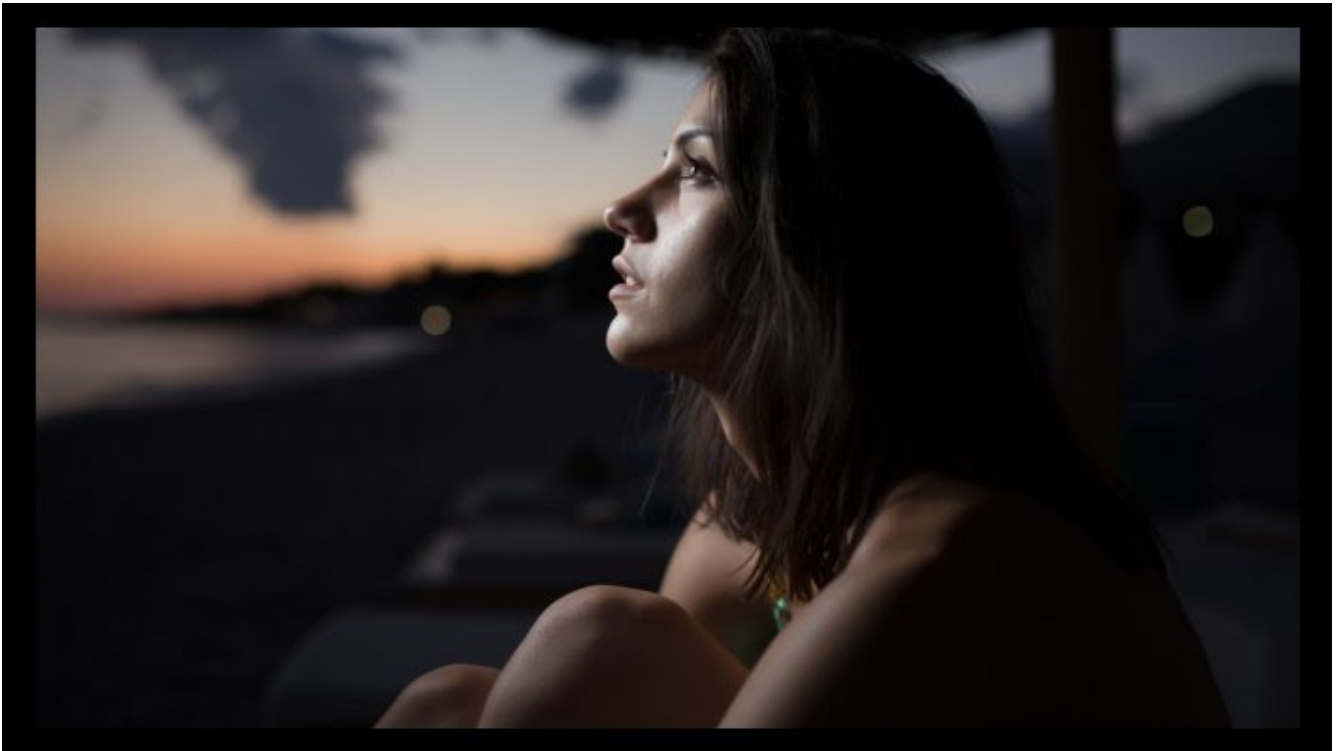


# The Magic of Seth Activations

Hi everybody! My name is Mark Allen Frost and I am on a mission to help awaken as many people as possible in this lifetime.

Are you interested in the Seth Teaching and do you want to find out more about the benefits of an activation from Seth? Then read further...



## A Message to the Counterparts

According to Seth, if you are interested in his material you may be a **Seth Entity Human Counterpart**. This means that you are ALWAYS, in your many re-incarnational lives, looking for the Truth. As a counterpart, you often find the Truth in the form of the Seth Teaching in its various evolved forms over time. I've proven this to myself by speaking to the people who

come to our workshops. Many of them identify as counterparts and do feel a strong “calling” to study the material, both the Jane Roberts Seth Material and the Seth Returns books.

But the good news is, even if you are not already a counterpart, you can become one through study and meditation. I know this is possible **because I did it**. When I first started writing books with Seth and Cas, I was told by Seth that I wasn't yet a part of the Entity. Then when Cas left the project Seth trained me to connect with his frequency and stabilize it. Now I am a counterpart. Now I am able to channel Seth.

I'm offering you-the-reader a similar opportunity. But now there is a sense of urgency, for as many of you know, there is **a phenomenon that is occurring currently** that Seth has talked about in his books and predicted in his Forecasts...

## **The Awakening**

Humanity is awakening and it's becoming exceedingly obvious. Seth describes this awakening in terms of the Average Citizen connecting to their **Source**, to their **Guides**, to the **non-physical beings** generally. As people make these connections their frequency rises. Awakening humans live at a heightened frequency, an “altared” state that Seth has called **the New Consciousness**. Yes, the **Telepathic Network** that Seth has described in his books since 2002 is becoming a practical reality for many people.

## **Dark to Light**

And this has not gone un-noticed by the Negative Leaders. The people that seek to keep us in the Dark Ages, in the old

feudal relationship, under the thumb of the global elite, they are doubling their efforts. **You might have noticed this.** The Negative Leaders are doubling down on the control, on the denial, on the repression, the propaganda, the media manipulation, on the subversion of our social, political, economic and religious institutions.

Make no mistake, the Negative Leaders are mobilized and fighting for their lives. And therein lies an opportunity. In fact, never before in our history, according to Seth, has there been such an opportunity for us to re-claim our power to create, to Love and to live our lives **as we see fit.** There has never been such a time as this.

So we identify as the Awakeners. We are on the side of Light and Love and we will courageously double our efforts to awaken others and to stay awake ourselves. We will not slip back into complacency and denial. We will double down on the Love, the Courage and the compassion necessary to succeed for our family and friends.

I believe that a Seth Activation can help us to awaken fully and assist all of us with the guidance we need to make our way through this global transformation.



## **Step 1 – Read the Books**

We encourage you to read the books to prepare yourself for the Seth Activation. As you may know, Seth places his **Holographic Inserts** (H.I.s) throughout all of the new material. As you read the words these empowered texts catalyze a minute awakening experience for you personally. You then build on these small awakenings to experience more profound and meaningful awakenings further-on in your studies. So reading the books is fundamental to the Seth Activations.



## **Step 2 – Connect on Sundays**

Each **Sunday at Noon Pacific** we sit in meditation with Seth for 15 minutes here in Lake County California. We ask each participant to consider something they would like to receive and something the world could use. Over time this becomes a means to feel the connection to Seth and to work consciously with these energies. The effects are cumulative according to people in our network. **And it's only 15 minutes a week.**

**The Seth Activation is all about Intent.** If you focus on connecting with the non-physical being known as Seth, if you intend to make that connection, you will find yourself connecting energetically. This happens quite naturally during the **Seth World Meditation** as people from all over the world meditate together.



### **Step 3 – Embody the Precepts**

To embody a concept or a Precept means **TO BECOME IT!** You walk as if it is true, you talk as if it is true, you behave as if it is true. So the first precept, **“You create your own reality,”** becomes a **type of personal anthem**. You become it and you prove to yourself that it is true. As you become it, you begin to reap the benefits of this potent idea. Here are all of the Precepts Seth gave us in **Thought Reality**.

#### **The Precepts**

- You create your own reality.
- You are connected to everything in your world.
- You can change the Consensus Reality from your Personal Reality Field.
- Emotion is the creative energy of All That Is in action.

- Human consciousness is founded in Love.
- Diversions from Love through Negative Emotions create Negative Realities.
- All imbalances may be corrected through Love and Courage.
- You are the sum of your Simultaneous Lives within your current Moment Point.
- Your Inner Senses may be used to examine and change anything past, present or future.
- You are in telepathic rapport with everything in your world.
- Reality Constructs are composed of Consciousness Units of awarized energy.
- Coordinate Points permeate matter and space and modulate the activity of the Consciousness Units.
- Your Intention, Emotions and Beliefs provide the energy and direction for Reality Creation.
- Everything exists initially as Gestalts of Consciousness, the nonphysical “templates” of creation.

Spend a few minutes working with these ideas and see how you feel. If you feel an improved consciousness, you may be a good candidate for the Seth Activations Project.



#### **Step 4 – Practice the Seth Teaching**

The practice is simple: **Courageous Loving Understanding**. And it has a psychological aspect, in that, the student is encouraged to consider their **Issues and Lessons** - perceived negatives of the personal identity - that may have been avoided in the past. There may have been good reasons for avoiding this material. But now with The Awakening comes the Courage to face the Truth of ourselves, of our families, of our various collectives. In fact, the student faces the difficult Truths with Love and Courage. The student Loves the Negative Realities into submission. **The student awakens.**

The Seth student, advancing through the material, learns to be a **Visionary Leader**. This is a leader that leads by example. So when you practice the Seth Teaching what you are really doing is embodying the Precepts and showing others how it is done by your example.





## **Step 5 – Activation**

Here's the breakdown of benefits:

- A **15 Minute Seth Activation Session** by phone at the end of your Activation Project. A 15 Minute Phone Session is normally \$50.
- All 12 of **the Seth Returns Books**. This includes our first two books in paperback and the remaining 10 as ebooks.
- Seth will provide a 300 word answer to a **Activation related question** by email over the course of your Seth Activation Project. A Seth eMail Answer is normally \$70.
- A less tangible, but nonetheless important benefit of the Seth Activation is the satisfaction of beginning and completing an awakening and self-realization project.

**Some people have been waiting for years to take this step with this type of program.**

Each participant will learn how to sense Seth in their Inner Reality. You will be able to call in your aspect of Seth – **your personalized belief of who and what Seth is** – for guidance. Seth becomes a member of your spiritual entourage: that group of non-physical Helpers and Guides who have assisted you over your current and other re-incarnational lives.

**I repeat, this is how I did it.** And let's be blunt, this is how seekers over the generations have done it.

**You read the texts.**

**You ask for contact.**

**You receive contact.**

**You create a relationship with the non-physical being.**

**You become energized and inspired through this association.**

**Then typically, you pass it on for the betterment of the others.**

### **Ancient Wisdom**

The Seth Returns material is a restatement of the Ancient Wisdom contained in most religions. “This is not something you do not already know,” as Seth keeps telling us. It is something you look for and often find in all of your lives.

You can start at Step 1 but you can begin on any step. In fact, all of the steps are taken at once, in a sense, when you “**personalize**” the Seth Teaching to suit your own personality and experiences. “**Your mileage may vary,**” as we say

humorously to describe the phenomenon of some students mastering the program in a few weeks and others taking longer.

**According to Seth, everyone will complete the program.** That's his promise. He also has a way of assisting people etherically to get up-to-speed with the self-training, so don't worry about failing to meet expectations. There are no expectations. There are only the awakening experiences of Seth's students. And they are remarkable!

For practitioners already familiar with receiving these types of communications from a non-physical teacher, it should take less time. Then, some students of long-standing enjoy studying the material and are not in a hurry to get it completed. There is no deadline for completing your studies and asking for the activation phone call.

We have provided Activations for very few students over the years. This time we are also going to limit the number of Activations we provide. When you order we will send you a worksheet to fill out over the course of your Personal Activation Project. It is just something to help you focus on the task of consciously associating with Seth and beginning to establish a give-and-take relationship of value.

Well, that's about all for now. **Good Luck.**

**Order Here on Our Secure Page**

**<https://www.sethreturns.com/seth-activations.html>**